

QNADA Tour

Currently QNADA is in the middle of relocating its office from 133 Leichardt Street Spring Hill to 21 Cordelia Street South Brisbane. This is all very hectic at the moment but once we have settled in over the next month we will be planning a state wide tour where we would like to visit each member agency.

The trip is designed to build stronger relationships and linkages with our members. You should receive a phone call in the coming weeks and we hope that you can set aside some time so we can arrange a face to face meeting at your office.

Regards Clinton Carson
External Relations Manager



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Winter School 2009

This year's Winter School theme is Research, Policy and Practice and is particularly relevant for Clinicians and Administrators alike. This year, a new and improved conference format is being delivered – with a greater focus on practice workshops and learning opportunities for the participants. Workshop topics include project management, motivational interviewing and Go to Whoa.

Another great session at this year's Winter School will be the annual dinner on Tuesday evening (per person cost \$80). The key note speaker for the evening is Richard Champion.

Richard Champion or 'Champs' as he is better known, has had a football career spanning 14 years, including 10 years with the Brisbane Bears / Lions before retirement at the end of the 2000 season. During his career he finished in the top six places for the Best & Fairest Awards three times. He also won the Bears' prestigious "Most Professional Player" award in 1994 & "Best Clubman" honours in 1995. He was awarded Brisbane Lions Life Membership at the end of the 2000 season for his 10 years of loyal service to the club.

To book your tickets to the Dinner contact Dinie van den Berg Conference Coordinator on

Dinie.vandenBerg@adfg.org

QNADA Breakfast and Member Forum

Following on from the fantastic reception QNADA received at last year's Winter School, we are holding two special events at this year's conference. The QNADA Member Breakfast will be held on Tuesday 26 May starting at 7.00am. Numbers are limited for the breakfast so please register your interest with Cara Threlfall (cara.threlfall@qnada.org.au). The breakfast is a great opportunity for members to network with representatives from the QNADA Board, various Government departments and other service providers.

In addition to the members' breakfast, QNADA is holding a stakeholders forum on Tuesday 26 May commencing at 3.05pm. The forum is an opportunity for members and interested stakeholders to discuss sector wide issues, QNADA's strategic direction and the ways in which QNADA can support and deliver services to the non-government AOD sector throughout Queensland. All are welcome to attend the discussion forum.



Lifeways College Training Opportunity

QNADA would like to help promote this great opportunity for all QNADA members to up skill and train your staff

Lifeways College Ltd, in partnership with the Brisbane North Institute of TAFE, is pleased to announce that it now offers the Certificate IV in Alcohol & other Drugs course at a low cost.

There are three major benefits in studying with Lifeways College. The first being the **Accelerated Program**-this allows you to complete the Cert IV in only 28 weeks, **Flexible Learning**-allows students to learn anywhere anytime that supports their busy lifestyle with the added benefit off also attending classes and last but by no means least is the very low course fee itself.

The standard course fee for the certificate IV is \$476.40, please do not hesitate in contacting QNADA or Lifeways College directly on 07 3321 7633 should you need further information.

Brief Intervention has been validated and acknowledged as evidence based best practice for quite some time now. Over the years I have come to value the importance of training workers in the non Alcohol & Other Drug (AOD) field to deliver a brief intervention in the context of their own work environments.

Research has long substantiated that the quality of relationship with a client, is far more important than the treatment modality or technique. If workers have already established some rapport and mutual respect with their clients, they are in an advantageous position to deliver a brief intervention whenever the opportunity arises.

It is not usual to hear comments from non AOD workers that they do not feel confident to address alcohol & other drug issues with their clients, particularly if they present with affective and / or personality disorders. These workers will often try to refer their client to an AOD specific service or mental health services and hope that the client will go, or that the service can add the client to their already stretched case load. The same research validates that clients who have received a brief intervention tend to do better in the longer term, as they have been better prepared for the next step. A brief intervention can help a client move from pre-contemplation to contemplation or from contemplation to preparation so their interaction with AOD or mental health specific services can be maximized.

Over the years, I have been providing training workshops for AOD and non AOD workers. This has included both a 1 Day Introduction Workshop on AOD issues, as well as a 2 Day Advanced Workshop on Dual Diagnosis (alcohol & other drugs and concurrent mental health issues).

The advanced workshop covers all the key knowledge required to conduct a brief intervention for clients presenting with substance abuse issues and / or mental health problems (i.e. dual diagnosis). It also provides the gap training needed for non AOD workers who wish to up skill and apply via a Recognition of Prior Learning (RPL) for the Certificate IV or Diploma in Community Services (Alcohol & Other Drugs - AOD).

This workplace assessment is designed to acknowledge people's life experiences and work skills so they can be assessed within the context of their vocation, (whether it is paid or unpaid work). This Recognition of Prior Learning (RPL) and Recognition of Current Competencies (RCC) provide students with the following qualification through TAFESA:

Certificate IV in Community Services (AOD) – *People need to have at least 1 year experience in the welfare industry with a job description from the organisation they are working or volunteering for, that requires them to conduct assessments on people needing help.*

Focus On.....

Brief Intervention and Up Skilling

Diploma in Community Services (AOD) – *People need to have at least 3 years experience in the welfare industry with a job description from the organisation they are working or volunteering for, that requires them to conduct assessments and / or counseling on people needing help.*

I have been providing this RPL to many people working in the welfare / AOD field in Victoria and Queensland who are needing to up skill to meet accreditation requirements at a personal and / or organisational level.

This is not designed to replace full time education in these courses, but to give people the opportunity to demonstrate that they possess the relevant knowledge and experience through a workplace assessment. If you need to undertake the full course studies, these are available through TAFE institutions in QLD.

George Patriki

**Spiritus Care Services
Amend Program**



CEO Report

QNADA has some exciting news...we are moving to a new, QNADA dedicated office and training facility at Cordelia Street, South Brisbane. Over the next few weeks we will be updating members with our new contact details (including telephone numbers and address) and will be keeping you in the loop as the training facilities come together in our new home.

Another initiative QNADA will be undertaking over the next couple of weeks is a sector wide survey of the Queensland non-government AOD sector. It is critical as your peak industry association, that QNADA has a clear picture of the issues currently affecting you as service providers in Queensland, in addition to discussing issues around the broader AOD sector.

The QNADA team will be touching base with you over the next couple of weeks and asking you to spare around 15-20minutes to go through a questionnaire to assist us in representing your interests as your state peak association in Queensland.

Warm regards
Helen Jentz

QNADA ON THE ROAD Burleigh

At the start of the month both Adam and myself were given the opportunity to visit the Gold Coast Drug Council (Mirikai). I would like to thank Anna Sullivan for making the visit and tour possible on such short notice. Anna was able to arrange a full day of insight for Adam and myself around the day to day activities and programs that take place. I would also like to send a big thank you to Mary Alcorn the Executive Director who took time out of her extremely busy schedule to take us both on a guided tour of the facilities. Having someone like Mary give the tour personally was fantastic for Adam and myself as no stone was left unturned with her wealth of knowledge.

The visit was extremely beneficial to us both and has enhanced our knowledge of the AOD sector and for that we are thankful to everyone at the Mirikai. We look forward to visiting more member facilities in the near future.

Clinton Carson
External Relations Manager

A WORD WITH The President

For many years now the Queensland non-government AOD sector has worked hard to establish a peak body that can effectively and professionally represent our interests at the strategic and government level. The establishment of QNADA has enabled our sector to have a voice in the broader community health arena at both the state and federal levels. Industry support of QNADA is essential to ensure, as our

peak association, QNADA is able to represent and advocate on behalf of the full spectrum of non-government AOD service agencies throughout the state. As President of QNADA, I am proud to support the work that our peak body is undertaking to further the sector's interests within Queensland. As we grow and develop as a peak body, QNADA will increase the number of services available to members that will truly benefit non-government AOD

organisations throughout the state. It is imperative that QNADA is a strong and united voice for the non-government AOD sector in Queensland. In order to achieve this, I encourage all non-government AOD service providers throughout the state to join QNADA and work with the staff and Board to make a real difference in the success of the AOD sector in Queensland.

Warm regards
Dr Dennis Young

YOU'RE SAY Let's hear it



We encourage all A&D LINQ readers to submit articles for publication. A&D LINQ is a great way to highlight all the wonderful work being done across the A&D sector.



Training Opportunity

• The 7 Habits of Highly Effective People Signature Program

Is your organisation effective in achieving its organisational mission? Do your employees struggle to work collaboratively to achieve common goals? Seven Habits is an intensive, two-day, onsite workshop that provides participants with a robust and tactical implementation plan to increase their effectiveness in both relationships and workflow. Designed for anyone looking to become a more effective person or for work teams wanting to increase their productivity, build internal capacity and improve their interpersonal team relationships.

The Seven Habits Program is an evidence based, practical and globally recognised program that will teach you

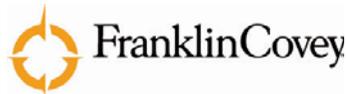
- How to improve focus, communication, and balance for yourself and your organisation
- How to develop professional relationships for productive collaboration
- The importance of responsibility, accountability and commitment
- Skills for increasing productivity by staying focused on the right things
- How to reduce conflict by understanding exactly what you can influence

Each participant receives

- Participant Guidebook - This 174-page manual is filled with examples and exercises that continue to enhance the learning process after the workshop is over
- The 7 Habits of Highly Effective People Participant CDs – reinforce the program learning
- The 7 Habits Benchmark - This 360 degree helps you consider your effectiveness from your own viewpoint and gives you the opportunity to see the viewpoints of others
- The 7 Habits Seven-Week Contract to integrate the habits into your life
- Certificate of completion

Two day course (minimum of 6 participants): QNADA members \$550 pp, non-members \$770 pp

To register: Contact Cara Threlfall cara.threlfall@qnada.org.au or call (07) 3834 0215



Hot Off The Press

The Queensland Association of Healthy Communities have released two new Lesbian Gay Bisexual and Transgender fact sheets for ATODS and Mental Health Service Providers from their latest research from the 'States of Minds' projects.

You can access these fact sheets on our website www.qnada.org.au or for more information on Queensland Association of Healthy Communities, please go to www.qahc.org.au.



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