

# INTEGRATIVE HOLISTIC MODEL

## BIOLOGICAL

## PSYCHOLOGICAL

## SPIRITUAL

## SOCIAL

### NEUROPSYCHOLOGY

### PSYCHOSPIRITUALITY

Neuroscience  
Effects of AOD  
Biochemistry  
Neurotransmitters  
Neurobiology  
Neuroplasticity  
**Optimal Health**

Psychology  
Trauma model  
Behaviour  
Soul:  
Mind  
**Free Will**  
Emotions

Spirituality  
Principles  
Values  
Morals  
**Conscience / Heart**  
Meaning / Purpose  
Self-transcendence

Systemic intervention  
Influences from:  
**Community**  
Family  
Friends / Peers  
Vocational  
Media